

East Haddam Senior Center APRIL 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	2 8:15 Pilates 9:00 AARP Taxes 9:00 Casino 10:00 Coloring 1:00 Wii Bowling	3 9:00 Tai Chi 10:00 Knitting 10:30 Ex. Mtg. 10-12 Computer Help	4 8:15 Pilates 1:00 Game Day
	7 8:15 Pilates 12:00 B.P. Clinic 1:00 Club Mtg.	8 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Crmwl. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	9 8:15 Pilates 10:00 Coloring 12:30 AARP Safety Driver Course.	10 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help
	14 8:15 Pilates	15 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	16 8:15 Pilates 10:00 Coloring 10:00 Red Hats 1:00 Wii Bowling	17 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 BINGO
	21 8:15 Pilates 1:00 Movie	22 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ O.S. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	23 8:15 Pilates 10:00 Coloring 1:30 Volunteer Reception	24 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 6:00 PIZZA & BINGO
	28 8:15 Pilates 1:00 Jam Session 4:00 HEALTH FAIR	29 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	30 8:15 Pilates 10:00 Coloring 11:00 Mystery Lunch 1:00 Arts & Crafts	FRIDAY; MAY 2ND WINE TASTING 6:00P—8:00P 